



2015 REPORT CARD: CHILD & YOUTH MENTAL HEALTH

MOVING TOWARDS A FULLY FUNCTIONING SYSTEM



6,000
kids today
are waiting
one year for
treatment



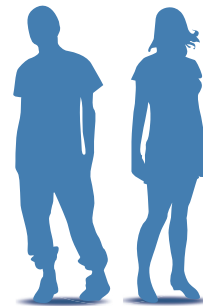
12,000
kids will be
waiting by
2016

70% of mental health issues emerge by adolescence

WITHOUT HELP, KIDS CAN SPIRAL DOWNWARDS:



- Needing high levels of support at school
- Using emergency rooms & hospitals
- Ending up in child welfare or youth justice systems
- Leaving families stressed out and unable to work



"My daughter tried to end her life while we were waiting for help. It's unconscionable that kids wait for life-saving treatment."
Paul B. - Parent of a severely depressed 11 year old

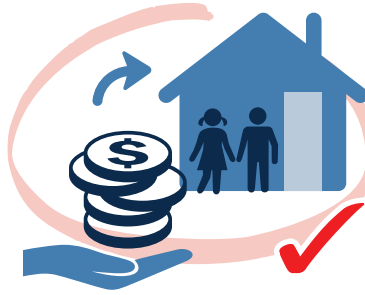


1. ACCESS TO COMMUNITY-BASED CARE

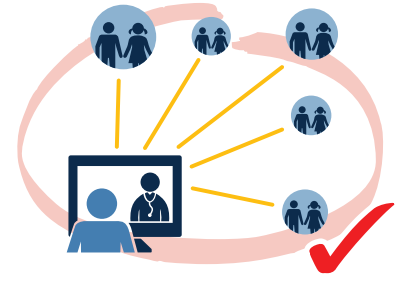
Achievements



With stigma on the decline, more children than ever are **seeking** treatment

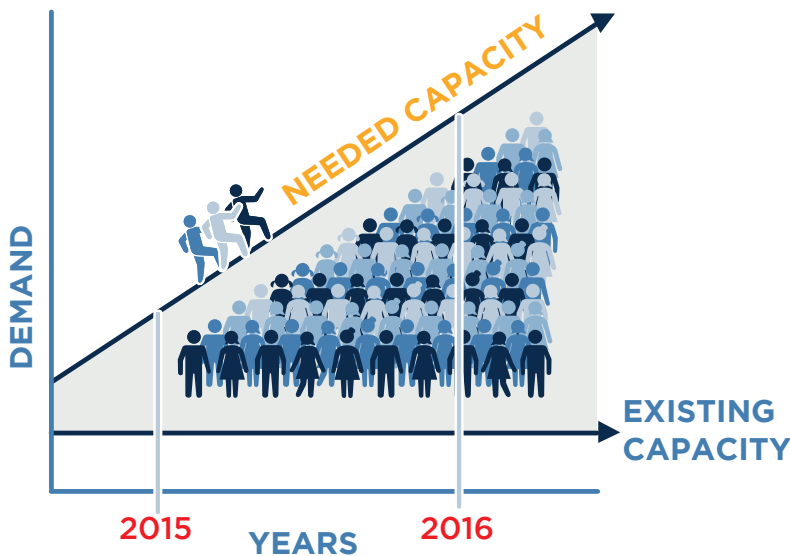


Targeted investments have helped some children access **brief** and **walk-in** services



Tele-psychiatry is reaching more children in **remote** areas

Needs Improvement



Demand for services is on the rise. Without additional funding child and youth mental health centres cannot provide the right kind of care for children, youth and families when and where they need it.

"When our child needed help, services were hard to find and wait times were horrendous." Jeanne F. - Parent of a 15 year old with significant mental health challenges

Required Action

\$30
MILLION
NEEDED

A new investment of \$30 million annually will

REACH **7,000** ADDITIONAL CHILDREN EACH YEAR

BRING WAIT TIMES DOWN

New investments are needed to ensure direct services keep up with the pace of demand.

2. ACCOUNTABILITY TO CHILDREN, YOUTH AND FAMILIES

Achievements



Accreditation amongst community agencies is supporting program quality



Implementing the lead agency model



Improving outcome measurement is underway



Children, youth and families are being engaged to build a system that meets their needs

Needs Improvement

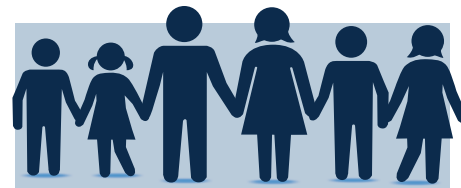
Lack of province-wide data makes it difficult to measure outcomes. Outcome measures are important to deliver the most effective programs for kids and families.



Required Action



Significant investment in **planning** and **expertise** to develop a robust outcome measurement system



Investment in structures to embed **youth** and **family engagement** in the system

3. COORDINATION ACROSS SECTORS

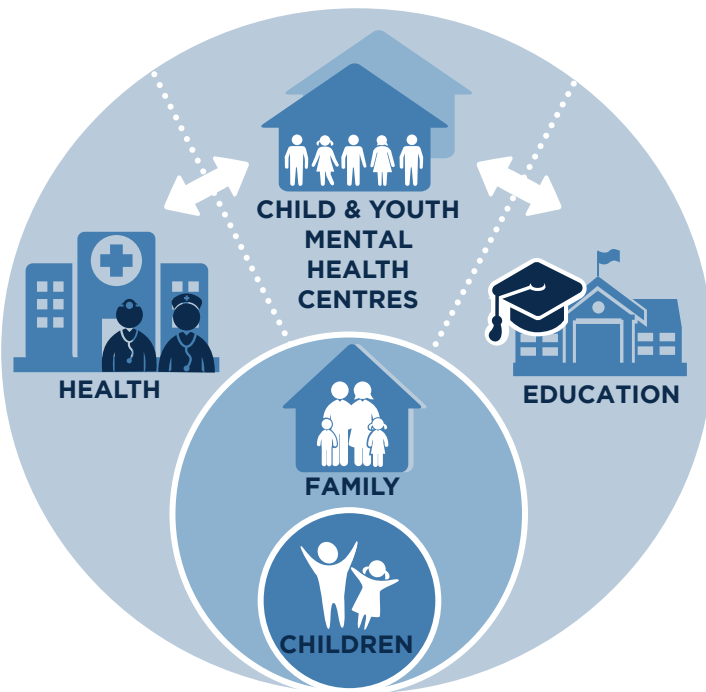
Achievements

The **lead agency** model places the community sector at the center of planning and coordination across sectors

School Mental Health Assist and Mental Health Nurses in schools are **improving coordination** with the Education sector

More dialogue is occurring between the Ministry of Health and Long-Term Care and the Ministry of Children and Youth Services

Needs Improvement



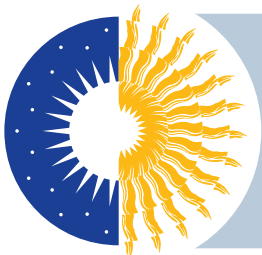
A high-functioning child and youth mental health system that puts children and families first requires primary care, hospitals, child and youth mental health centres and schools to all work together.

Increases in emergency department visits and hospital admissions signal insufficient access to timely assessment and treatment in the community sector.

-ICES, The Mental Health of Children and Youth in Ontario: Baseline Scorecard

Required Action

Create and fund a provincial body made up of partners from health, education and the community sector to clarify roles and responsibilities across sectors and improve coordination and consistency. As with lead agencies this body should be housed in the community sector.



Children's Mental Health Ontario (CMHO) works to identify and develop solutions to important policy issues affecting the child and youth mental health sector. We represent more than 85 accredited children's mental health agencies that provide treatment and support to children, youth and families. This includes targeted prevention, early intervention, short- and long-term counselling and therapy, and intensive services such as residential care.

