
POSITION TITLE: Youth Action Committee member

POSITION TYPE: Part-time Volunteer

REPORTING RELATIONSHIP: Adult Ally, CMHO

CONTRACT: January - December, approximately 3 hours per week

COMPENSATION: Honoria

OF POSITIONS: 5

Apply by: Friday January 31st, 2025, 12:00pm

Application Link: <https://forms.office.com/r/kuhqaLzVeU>

About The Organization:

Children's Mental Health Ontario (CMHO) is the association representing Ontario's publicly funded Child and Youth Mental Health Centres. CMHO advocates for government investments, policies and programs that are responsive to the needs of children, youth and families seeking mental health services in Ontario. CMHO's primary goal is to promote a coordinated and high-quality system of care that puts children, youth, and families first.

The New Mentality is a program of Children's Mental Health Ontario. We are a provincial network of youth and adult allies working to amplify youth voice to influence change within the mental health system in Ontario. Our work is grounded in the belief that youth experiencing mental illness must contribute to building and improving the mental health system. We have a provincial network of youth groups that work directly with service providers to improve services and reduce stigma in their local communities.

Role Nature and Scope:

Youth Action Committee members are expected to be proactive, engaged, and passionate about making a difference in the lives of young people and their communities. The Youth Action Committee will, each year, develop and assist in implementing a plan of action that reflects the interests and priorities of youth as they relate to the mission and activities of The New Mentality and Children's Mental Health Ontario (CMHO). In part, the plan of action will respond to the recommendations that are developed and presented by the youth who attend TNM and CMHO conferences and events. The ideal candidate requires strong leadership, teamwork, communication, and organizational skills to ensure the success and sustainability of the youth action committee.

Overview of Responsibilities:

- Engaging with other youth members and organizations to gather feedback and understand the community's needs
- Building relationships with local government officials, non-profits, schools, and other organizations to address youth-related issues.
- Working together with other groups or committees to create solutions and initiatives that directly impact youth
- Identifying key issues that affect youth and developing action plans to address them.
- Organizing and leading projects, campaigns, or events focused on solving these issues or raising awareness.

- Taking on leadership roles within the committee or supporting the leadership of others.
- Working collaboratively with other committee members to achieve common goals.
- Supporting and motivating peers to get involved and contribute their ideas and skills
- Contributing to discussions that brainstorm solutions to problems affecting young people
- Conducting research to stay informed about the issues that matter to youth, such as trends in education, employment, health, and technology.
- Promoting and communicating the committee's work, either through social media, newsletters, or public speaking.
- Keeping track of goals and ensuring that commitments made by the committee are met.

Desired Skills & Qualifications

- Strong writing skills and experience with various types of writing and editing.
- Knowledge of Microsoft Office, Excel, and PowerPoint.
- Ability to synthesize information and communicate messages in a creative and engaging manner.
- Self-starter with the ability to work well independently and collaborate well with creative direction.
- Ability to work under the pressure of tight timelines.
- Good communication skills in English; fluency in French and/or other languages is an asset
- Fluency in Microsoft Office; knowledge of and Adobe Creative Suite and/or Canva is an asset

The New Mentality aims to include diverse representation with respect to age, neighbourhood, cultural background, socio-economic status, and gender identity.

Applications: We thank all applicants for their interest; however, only those to be interviewed will be contacted.

DIVERSITY, EQUITY, AND ACCOMMODATION:

The New Mentality is committed to having a workforce that is reflective of the diversity of Ontario's population in general and of our members in particular. We strongly encourage applications from racialized persons, Indigenous persons, persons with disabilities, persons of diverse sexual orientation, gender identity and gender expression and all those who can provide and contribute to diversification of perspective at The New Mentality.

The New Mentality is committed to hiring practices that are inclusive and barrier free. The New Mentality will provide reasonable and appropriate accommodation during all stages of the hiring process in accordance with the Ontario Human Rights Code in order to ensure the equal and fair assessment of all job applicants. Applicants are asked to make any accommodation request in advance.