



Building Integrated Capacity In Autism and Mental Health



DR. JONATHAN WEISS

Dr. Jonathan Weiss, PhD, is a Full Professor in the Department of Psychology at York University (Toronto, Canada) and a Clinical Psychologist. He currently holds a York Research Chair in Autism and Neurodevelopmental Disability Mental Health and was the Canadian Institutes of Health Research (CIHR) Chair in Autism Spectrum Disorders Treatment and Care Research.

His research focuses on mental health in people with autism or intellectual disabilities, and their families, across the lifespan. He conducts studies into how people with developmental disabilities access mental health care, and is interested in their service needs, use, and experiences of crisis and wellness.

He is interested in program development and evaluation, and on the impact of Special Olympics on the psychological well-being of participants, and of cognitive behavioral and mindfulness interventions to promote resilience and improve mental health. He has led pioneering work on Autism Mental Health Literacy, on the adaptation and delivery of psychotherapy to autistic youth, and on service provider training needs. He has published over 130 peer reviewed articles on mental health and developmental disabilities.