

IEMHP Collaborative Fall 2023

Infant and Early Mental Health Promotion at The Hospital for SickKids is happy to share its upcoming educational opportunities for Fall, 2023. Join us in person or online!

IEMHP Collaborative connects topic experts with practitioners across all professions and sectors to build knowledge, enhance skills and support best practice, together: *a collaboration*.

November Session:

Supporting the Development of Children with Complex Medical Needs?

Join Dr. Robert Meeder as he presents on: [The Importance of Supporting Social-Emotional Development in Chronic/Severe Medical Conditions](#)

Children who experience severe or chronic medical conditions have unique needs. The illness or condition often impacts the families and has huge implications for the types of relationships that may develop. This session lays the foundations for understanding how trauma and attachment work in this context and how physical and mental health problems intersect for these children and their families.

In this session, participants will:

- Learn about basic principles of trauma and attachment and how they apply to situations where there has been medical trauma,
- Understand what medical trauma is and how this uniquely affects children and their family,
- Gain awareness of ways to mitigate the negative effects of severe/chronic medical stress on social-emotional development.

Speaker: Robert Meeder, MSc, MD, FRCPC (Pediatrics)

When: November 23rd, 2023

Time: 9:00AM –12:00PM EST

Where: Auditorium, PGCRL Building (686 Bay St., Toronto, ON, M5G 0A4)

Cost: \$200.00/ person

[Register here](#) for this session!



December Session:

Want to learn more about how to support infants in distress? Check out this session on promoting security and mitigate developmental trauma!

Join Mary Rella as she presents on: [Do You See What I See? Identifying and Intervening in the Caregiver/Infant Attachment Relationship to Promote Security and Mitigate Developmental Trauma](#)

Learning how to observe the caregiver's behaviour pattern when their infant cues distress will help you intervene and support the caregiver to promote the development of security for their child, a co-regulation relationship, and mitigate developmental trauma.

In this session, participants will:

- Learn more about how the infant and caregiver negotiate security in their relationship to develop secure, insecure and/or disorganized attachment,
- Explore using an observational framework to help identify treatment interventions in the dyad,
- Discuss how the observational framework can support conversations with caregivers to help them better understand and use the interventions.

Speaker: Mary Rella, B.A., Dip.C.S.

When: December 15th, 2023

Time: 1:00PM – 4:00PM EST

Where: Event Room 1, PGCR Building
(686 Bay St., Toronto, ON, M5G 0A4)

Cost: \$200.00/ person

[Register here](#) for this session!



For any questions regarding these sessions, please reach out to us at iemhp.learning@sickkids.ca.