

The Provincial Training Initiative (PTI)

A three-year project collaboration between the Lead Agency Consortium, Children's Mental Health Ontario and the Knowledge Institute on Child and Youth Mental Health and Addictions



The Vision

Children and youth with complex and significant mental health needs will have consistent access to **appropriate evidence-based, intensive treatment services** within their communities

Goal of the project

Increase number of clinicians trained to deliver evidence-based treatment services to children and youth with complex and significant mental health needs by creating a **sustainable** and **supported** provincial training model

How?

All Lead Agencies and their Core Service Provider partners will be organized into training networks to receive training in the 2 intensive treatment modalities most needed in their communities.

The rollout will start with Phase 1 and then continue with the incremental engagement of subsequent training networks until the training is available and clinical supervision is established across the province.

Clinical capacity will be sustained and supported by:

- ongoing training/booster sessions
- communities of practice, and
- development of appropriate clinical supervision.

Key Concepts

Intensive treatment services are:

- evidence-based clinical modalities for children and youth with complex and significant mental health needs
- supported by a clinical supervision model

Training networks are:

- Child and Youth Mental Health partners who deliver services to the target population of children and youth with intensive treatment needs
- built upon existing collaborative working relationships
- large enough to create efficiencies in delivering treatment and in receiving training
- most frequently defined by geographic boundaries
- **not** individual service agencies

Clinical supervision is:

- a formal collaborative relationship between a clinician and a trained and experienced clinician or clinical supervisor in order to enhance the quality of their practice
- designed to enhance the supervisee's clinical work using active tools such as direct observation and case discussions

How is PTI engaging the CYMH community?

The PTI team has established a **Provincial Steering Committee** and a **Clinical Task Force** to support the work. As training networks are engaged, the PTI team meets with each of them and using the Readiness Framework, assists the network to prepare for training.

Treatment Modalities identified

- Dialectical Behaviour Therapy (DBT)
- Trauma-Focused Cognitive Behavioral Therapy (TF-CBT)
- Attachment, Regulation and Competency (ARC)
- Circle of Security Psychotherapy and Circle of Security Parenting™



Steering Committee

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 Dana Singer, Youth Advocate
 Greg Lubimiv, The Phoenix Centre
 Hilary Allen, Parent Advocate
 Lydia Sai-Chew, Lumenus
 Marie-Ève Ayotte, Centre Francophone du Grand Toronto
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 Matthew Burse, ROCK (Reach Out Centre for Kids)
 Rachel Sparling, Youth Advocate
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 Tina Bobinski, Dilico Anishinabek Family Care
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Clinical Task Force

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