

# What does it mean to have complex mental health/addictions (MHA) needs?

Help us find out

**Are you a service provider for youth with MHA concerns?**

If so, you may be eligible to participate in a study exploring what it means to have complex MHA needs

**What does the study involve?**

Participate in 3 short, online surveys



**For more information, please contact:  
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This study titled, "What Constitutes Complexity in Navigation? A Delphi study on navigating the Youth Mental Health and Addictions System" has been approved by the Sunnybrook Health Sciences Centre Research Ethics Board on February 17, 2023